



RMHC
Of Central Pennsylvania

Fall 2022

STRONGER BY THE DAY

The Sentgeorge Family Story

The Sentgeorge family has been staying at the Ronald McDonald House in Hershey (RMH) since June 2022. Veronica Sentgeorge underwent an emergency c-section at WellSpan Ephrata Community Hospital (WellSpan) at 26 weeks pregnant and gave birth to a daughter, Camille.

Camille was immediately transferred via ambulance to Penn State Children's Hospital Neonatal Intensive Care Unit (NICU) for care.

As soon as Camille was settled into the NICU, her father, Jonathan Sentgeorge checked into the RMH, with Veronica joining him a day later. As Camille continues to grow and get stronger in the NICU, Jonathan and Veronica have been able to stay close by at the RMH.

Throughout their time at the RMH, Camille's grandmother (and Veronica's mother), has stayed at the RMH, giving Veronica and Jonathan the necessary breaks and support to get through a stressful time.

Jonathan is an employee for the PA State Police in Lancaster and attributes his ability to continue working to the services provided by the RMH, saying "without the RMH, everything would be 100 times harder".

Veronica is a middle school music teacher in the Reading School District and as the school year began, she was able to return

to the classroom, but stays at the RMH each night to stay close to Camille.

The Sentgeorge family utilized the amenities offered at the RMH, which allowed them to avoid expenses related to overnight accommodations, food and transportation. "The meals provided as part of the Guest Chef Program mean one less thing to worry about buying and making", Jonathan said. Veronica is grateful for the RMH and said that without the RMH things would be "a lot harder – especially breast feeding and pumping".

Jonathan and Veronica are very grateful for everything that has been provided to their family since Camille was born and call the RMH a "blessing".

"The meals provided as part of the Guest Chef Program mean one less thing to worry about buying and making"

To help RMHC of Central PA provide services to families like the Sentgeorges, visit rmhc-centralpa.org!

To share your RMHC story with us, email marketing@rmhc-centralpa.org!



Camille

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"Without the RMH, everything would be 100 times harder."

– Jonathan Sentgeorge

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Camille's first day of life

Happy Fall, Y'all!

Yep, I'm that girl. You know, the one who loves everything about fall: cozy sweaters, autumn colors, brisk mornings, football and of course, Pumpkin Spice everything! For me, fall tends to be the most contemplative of seasons. I spend a good bit of time with our team here at RMHC-CP finalizing our year and planning for the next one. From the budget and program services offered to our guest families, to our year-end fundraising goals, we are still hard at work to successfully close out the current year, while preparing for 2023.

While many may think of fall as a time of loss, I think of it as a very fruitful season. It's an opportunity for those in our community to come together to support our mission through fulfilling our needs during the upcoming holiday season and giving generously to our year-end giving campaign. During this time, our leadership team and board of directors are also engaging in a strategic planning process that will help lay the foundation of our work for the next three years, creating a roadmap for our success. We are grateful to everyone who has contributed to the process and shared your voice.

Are you looking to volunteer this fall? We continue to be in need of volunteers in all of our programs here at RMHC-CP. Our Guest Chef program is especially in need of volunteer groups. Currently, we are only securing 50% of the meals needed for our families each month via this service. The financial cost of providing the meals not covered by the Guest Chef program is significant and the volume is difficult for local restaurants to accommodate when we have to purchase meals, sometimes last minute. To learn more, or to sign up for a meal, please visit our website, <https://www.rmhc-centralpa.org/get-involved/meals-and-activities/>.

I hope you enjoy the season and *fall* into all that autumn offers; a fresh start, enjoying nature, setting goals and prioritizing your favorite activities that bring you joy.

With gratitude,
Karla



Karla Mitchell
Executive Director

"We are grateful
to everyone who
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the process and
shared your voice."

IN THE NEWS

Welcome Dorothy Rocourt, MD, MBA!

Dr. Rocourt joined our Board of Directors in September 2022. Currently, Dr. Rocourt serves as the Associate Professor of Surgery and Pediatrics and Pediatric Trauma Medical Director at Penn State University and Children's Hospital in Hershey. In her role as a pediatric surgeon, staff physician and trauma director, she works closely with the families that RMHC-CP serves. She holds a Doctorate in Medicine from New Jersey Medical School, along with a BA in Psychology from Dartmouth College and recently completed her MBA in Social Policy and Management from Brandeis University.



PRESSING NEEDS

The RONALD McDONALD HOUSE in HERSHEY NEEDS GUEST CHEF VOLUNTEERS to PREPARE DINNER for OUR FAMILIES!

Our guest numbers are going up! We REALLY need your help!

We are currently providing dinner for 45 guests per evening!

Our Guest Chef Program is perfect for groups of friends, families or co-workers who love to cook. This program is a volunteer opportunity and donation all in one! Each group plans, purchases and prepares a home-cooked meal for our families. Groups use our in-House kitchens with all cooking tools provided.

Guest Chef groups are limited to **SIX people** and all participants must be **18 years of age or older**. You will be **required to wear a mask** while in the RMH. There is no vaccination requirement for guest chef volunteers. Thanks for your consideration! Please help us spread the word!!



SCAN ME

To schedule a meal, visit our website at

<https://www.rmhc-centralpa.org/get-involved/meals-and-activities/>

OR for more information, contact Alyssa Noel at 717-533-4001 x-158 or anoel@rmhc-centralpa.org.



2022 IN NUMBERS


4,590
Family Overnight Stays
provided in 2022


\$489,000+
raised from
Special Events


2,590
Individual Meals
provided in 2022


\$179,000+
raised from 3rd party
fundraisers


\$6,300+
raised from Facebook
Fundraisers & Donations


\$81,000+
donated in honor or in
memory of a loved one

Thank You for Helping RMHC-CP Keep Families Together in 2022!

ADOPT A ROOM

The Ronald McDonald House Charities® of Central PA Adopt a Room program allows you, your company, or organization to help defray the cost of operating a guest room in our House for one year. Your donation helps our organization keep families together and near the care and resources they need as their child receives essential medical care and assures that we can continue to provide our services free of charge. Benefits of Adopting A Room Include:

- Recognition in our newsletters, annual report and on our website
- Recognition outside guest room
- Recognition as an Adopt a Room participant in a common area of the RMH

For more information on Adopt A Room, please contact our Development Team at 717-533-4001 x156 or development@rmhc-centralpa.org.

Special thanks to those who have participated in our Adopt A Room program in 2022

- AmeriHealth Caritas Pennsylvania
- Consolidated Scrap Resources, Inc.
- Dogwood Acres Campground
- Heritage Toyota Harrisburg
- In Loving Memory of Ashley Glica
- In Memory of Dr. Robert E. Cilley
- In Memory of Mr. Kenneth Levine
- In Memory of Sophia Marsicano
- Karns Quality Foods
- MI Foundation
- Mountain Ridge Metals
- Mr. and Mrs. Stephen J. Kindler
- Penn State Health Milton S. Hershey Medical Center
- Pennsylvania State Police Academy Civic Association
- Rutter's Children's Charities
- Suarez Family McDonald's
- The Brame Family
- The Lynch Family
- WoodmenLife Hershey Chapter 364





745 West Governor Road
Hershey, PA 17033-2304

EXTRA GIVE
NOV 18 EXTRAGIVE.ORG

SUPPORT OUR ORGANIZATION!

On November 18, donate online at [ExtraGive.org](https://extragive.org) and your generous gift will go even further thanks to the Stretch Pool and prizes from the Community Foundation and our extraordinary sponsors.

LET'S GO THE EXTRA MILE TOGETHER!

COMMUNITY FOUNDATION HIGH FOUNDATION

[EXTRAGIVE.ORG](https://extragive.org)

Diamonds & DENIM
LADIES NIGHT OUT

Thursday, May 11, 2023
at The Willows at Ashcombe Mansion
diamondsanddenim.org

28th ANNUAL
GOLF CLASSIC
+ AUCTION

Monday, July 31, 2023
at The Hershey Country Club
golf-classic.org

Sporting Clays
TOURNAMENT

FRIDAY, SEPT 8, 2023
AT BLUE RIDGE SPORTSMAN CLUB
[CLAY-SHOOT.ORG](https://clay-shoot.org)



Round-Up for RMHC

Ask to "Round-Up" your order total the next time you visit McDonald's to make a difference for families caring for their sick children.



...Because every penny counts!



Printing and mailing services graciously donated by The Hershey Company.